# Is a Constant Ache or Pain GETTING YOU DOWN?

## *Let us get you back to living life pain-free!*

**Loudoun Sports Therapy Center™**

*"We Care. We Listen. We Get RESULTS!"*

21251 Ridgetop Circle Suite #140
Sterling, VA 20166

**www.loudounsportstherapy.com**



# GET OUT OF PAIN QUICKLY!

At Loudoun Sports Therapy Center we offer personalized evaluations to help you identify the cause of your pain. Once we have determined the cause of your pain, we develop treatment programs designed for your specific needs and help you get the results you're looking for.

While we treat many different causes of pain, back pain is the most common complaint that people have. Our **spine program** utilizes specialized hands-on techniques and exercises to help you decrease your pain, while increasing your mobility and strength so you get back to feeling great.

We don't just treat your pain; as part of our **spine program** we educate you on how to keep it from coming back.



## Our expert staff can help you with:

- **Low, mid & upper back pain**
- **Sciatica & radiating buttock pain**
- **Herniated & bulging discs**
- **Spinal arthritis & stenosis**
- **Back spasms**
- **Post-surgical rehabilitation**
- **Radiculopathy**
- **Sports Injury**

*Don't wait. Call today!*

**703-450-4300**

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*MIKE BILLS*
*PT, OWNER*